

TLÜ Haapsalu kolledži uus magistriõppekava
„Kogukonnatöö vananevas ühiskonnas“ esitleb

on Friday, 2nd of June, 11.00–13.00
in Haapsalu College, Room 207
or in Zoom <https://zoom.us/j/98860542744>

A double seminar

The age factor – A mixed-method study on quality of life among young old, the old, & the oldest-old among a Florida village sample

by Su-I Hou, DrPH, CPH, MCHES, RN, CDP, FACHE

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Chronic care & Longevity: Value-Based Management

by Bernardo Ramirez, M.D., M.B.A.

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Abstract: The age factor

Aging-in-community (AIC) has been the preferred way to aging. What is the emerging village program in America that promote aging-in-community? How do village program older adults perceive their quality of life? What are the most common aging-in-place barriers, services used, and recommendations? How might participants in different age groups vary on these factors?

This study used mixed methods convergent design to examine the quality of life (QOL) among village older adults via The Older People's Quality of Life (OPQOL-brief). Qualitative questions on aging-in-place barriers, services used, and strategies were asked. The mean age was 71 years, with 25.5% in pre-old age, 38.3% in "young old", 28.7% in "old", and 7.4% in the "oldest-old" groups. QOL scores were significantly different by age ($p=.005$).

Participants across all ages voiced a strong desire to stay connected. Study shows QOL among village members might be able to maintain till "old" age. Data showed that the oldest-old adults need significantly more help, whereas being connected and engaged warrants further attention across all age groups.

The mixed methods research approach with quantitative and qualitative data provides complementary information, helping researchers and policymakers gain a deeper understanding of the quality-of-life issues and barriers, as well as suggested programs and services by different age groups. Results had implications for age-tailored programs to promote healthy aging.

Abstract: Chronic care & Longevity: Value-Based Management

Value-based management has taken many forms worldwide as healthcare systems are diverse and constantly evolving. Long-term care is also reshaping to embrace the current tendencies of longevity and the increasing impact of chronic conditions and care. Key issues to address are: Incorporating comprehensive care models that include social determinants and individual and community behaviors; the continuity of patient-centered care integrating traditional/institutional health care with community and home-appropriate technologies and interventions; and defining the most appropriate quality indicators for transformational value-based performance.



Su-I Hou is a Professor at the School of Global Health Management and Informatics (SGHMI) at the University of Central Florida (UCF) in the U.S.

Hou's research expertise includes mixed-methods research (MMR), program evaluation, community based participatory research (CBPR), and scholarship of teaching and learning (SoTL). She has focused her research on Aging-in-Community (AIC) models and programs promoting healthy aging, patient-centered care, and patient provider communications, as well as community and worksite strategies to promote early detection and prevention of selected cancers and HIV/AIDS. Most of her research has involved working with community partners in developing and validating study instruments, assessing psycho-social factors, and developing/implementing/evaluating theory-based health programs and interventions.

Hou has published 130+ journal articles, presented 250+ conference papers, and given 130+ invited presentations globally. Hou serves on the Board of Directors of the Southern Gerontological Society (SGS) in the U.S.A. Hou was awarded the Fellow recognition of the American College of Healthcare Executives (FACHE), the gold standard credential in healthcare leadership.

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Bernardo Ramirez is Director of Global Health Initiatives of the School of Global Health Management and Informatics at the University of Central Florida. He is an Associate Professor teaching International Health Systems; Quality Improvement; Leadership; and Strategic Planning in the graduate and undergraduate programs.

Dr. Ramirez has experience in more than 60 countries as health services administrator and consultant in public and private organizations from the hospital departmental level to health systems reform, planning and policy at the Ministry of Health level. He has directed and conducted management training for health services executives and managers under the auspices of several international development agencies and organizations.

Among other positions, he has served as: Director of the master's in health services management at the Business School, UNAM; General Director of Health Standards, Ministry of Health Mexico; President of the Mexican Hospital Association; Vice President and Director of International Programs and member of the Board of Directors of the AUPHA. Currently serves as a member of the Global Accreditation Council, and site visitor for accreditation in CAHME. He has been an active member of the Project to Develop the Professionalization and Leadership Competency at the International Hospital Federation.

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